

KUVEMPU UNIVERSITY

**SAHYADRI SCIENCE COLLEGE**

**SHIMOGA – 577 203**

# **PATHWAYS PROJECT**



**ANNUAL REPORTS**

**OF FAEA SCHOLARS**

**2004 - 2005**

## FAEA AND ME - A Memorable Journey

Report for the year 2004-05 by:

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Everyone will come across a silver line in one's life. It is hundred percent true. To realize this truth we should not lose faith. As Tolstoy has said: '**Faith is the force of life**'. Really faith always keeps the ray of hope alive in despair and disaster and in fighting against all odds. It has made the impossible possible in every corridor of life because impossible means I'm possible. This faith converted itself into Silver line in my life. I got silver line in the form of FAEA. FAEA refers to **Foundation for Academic Excellence and Access**. This blessing came to me at the right time when I was very depressed because I could not join medicine after my twelfth standard due to certain circumstances. I think I could not get into medical field because something special was awaiting me, which could shape my entire life later. One auspicious day that was on 7th October 2002, FAEA scholarship grant was announced, for five years for me. It provided me not only the financial support but also developed my career in a better and outstanding way. I am very glad to say about my improvement in the past three years of study, after attending FAEA's classes.

First session of FAEA was HRD game which was named as 'Ice Breaking'. This game was new to me and it was very fantastic game because within 50 minutes, we could make friends with about fifty members along with knowing their complete details. This helped me to enhance my communication skills, and inspired me to attend other classes also. Followed by this class, next there were a chain of classes such as HRD skills, contact programmes, communication skills, computer skills, life skills, Indian culture and Kundalini classes, etc. In fifteen years of my education no one taught me life skills but in Pathways classes. I have learnt it within one year. I wish to give one example: That is 'Air travel'. We can get plenty of people who have traveled by Air, but no one would be interested to explain its cost, how to buy tickets, facilities provided in it, types of aero planes, rules in it, its capacity, its economy classes, security check up etc.,. But our Patil Sir has the ability to explain each and every thing from the beginning to end without leaving a single point, which made us feel like as if we

were travelling in it. He taught us not only air travel in life skills but also transaction with banks, train booking, first aid, photography etc. And also about social etiquettes, which are very important in our life but no one, can teach it easily. But Pathways gave us immense information and made us to learn and get mastery over many things. In life skills, we got a lot of knowledge by contacting the great personalities. Pathways gave us chance to meet many great personalities, viz.,

Sl. No.	Personalities	Topics
1.	Prof. Divakar Rao, Head of J.N. College, Shimoga.	Soft Skills of Life
2.	Dr. V.G. Kulkarni	Self-esteem and Spiritualism, Indian culture and Kundalism
3.	Shri Shankara Narayana, Principal of Edurite College.	How to choose our career
4.	Dr. Sanketh.R	Emerging career
5.	Dr. B.C. Patil	Emotional Intelligence, ASUFA, Transactional Style Inventory, Enneagram, Catharsis
6.	Dr. Vijaykumar Salimath, IFS Officer	Preparation for Competitive Examinations
7.	Prof. Vasanth Kumar	Goal setting
8.	Swamy Shree Atmavidanandajee	Spiritualism Vs Materialism
9.	Raghunatha.K.V, Principal of Gnanadeepa College	Logic in Science
10.	Prof. Shrinath.M.Joshi	Time Management
11.	Manjunath Naik, Examination Registrar, Kuvempu University	Administration etc

Even though I got immense knowledge, my thirst of learning things never got quenched. As it is quoted, **“It is the peculiarity of knowledge that those who really have thirst for it always get it”**. At the same time I got a chance to attend the Workshop in Jyothi Nivas College, Bangalore; named by South Regional Skill facilitating programme. Here it:

- Enabled me to recognize my potentiality in comparison to others
- Enhanced confidence level
- Made me effective team player
- Aided me to develop a global, secular, rational, social outlook.
- Increased, knowledge in Information Technology.

In addition to this not only my mental ability increased, but it also widened my aura of friends. I got different friends from Andhra and Karnataka.

As we know '**Expansion is Life, Contraction is Death**', as quoted by Swami Vivekananda. These classes expanded my life, made me to realize '**My biggest competitor is my own view of my Future**'.

Some of the classes like 'The Challenges before India in becoming a developed nation', by Yadhunandhan, Software Engineer,U.S.A. 'Youth and Future' by Dr. Satish Rudrappa, Neuro Surgeon, Satya Sai Hospital, Bangalore; were the classes virtually made me to think that I have to act as a brick to build India as a developed nation by putting efforts as much as possible. Along with this FAEA provided me a golden opportunity to fulfill my dreams and decided my destiny by fixing a meeting with Hon'ble Governor of Karnataka, Sri.T.N.Chaturvedi. The Speech of Governor, raised my patriotic spirit, made me to feel me very different from others.

### **Meeting the President:**

After meeting the Governor, my desire, to achieve something and zeal to meet our Hon'ble President Dr. Abdul Kalam sprang up in my heart. This extraordinary opportunity was also provided by FAEA, which added one precious leaf to my life. The door of fortune opens once at a time for everybody, but in my life it opened many times after joining FAEA. The journey of meeting of Abdul Kalam was really very remarkable. At that time I felt my desire found wings and I felt as if I was flying in the space. I was truly inspired by the strong, provoking words of MISSILE MAN. My mind is ignited by his speech and his personality. And he suggested the practical philosophy of life that difference between existing and living.

After meeting with the Hon'ble President, I was recognized by the people very easily in my area. My school teachers, college staff, everyone congratulated me. Even in shops also, I was recognized as a person who met Abdulji and they gave respect to me and treated me in special way. One amusing thing that happened to me after meeting him, that is, in my examination hall external lecture asked me questions only related to this meeting and nothing else. This made me to feel that I have achieved something in my life, and now I have friends all over India. I am very grateful to FAEA for providing me such a great opportunity.

I attended another workshop in Ecumenical Christian center, Bangalore named as Integrated Approach to knowledge and information for FAEA scholar. Here I got complete picture to prepare for the IAS exam. That environment pleased me

lot. These classes fulfilled the thirst for IAS examination preparation. And also classes like these helped me to involve myself in every field, which assisted in total quality development.

I am very thankful to FAEA and to my college especially to Prof. T.S. Hoovaiah Gowda Principal of the college and to Dr. Patil, who provided me such an opportunity and selected me as scholar. I promise to FAEA that I will return it by my efforts and achievements.

I believe, only FAEA can fulfill the 'Education' definition as said by Sarvapalli Radhakrishna **'Education should be humane, it is three dimensional, that is development of intellect, disciplining of the heart, and refinement of soul.'**

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### A TURNING POINT IN MY LIFE

Report by:

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Dr. Radhakrishnan says: "Education is the development of intellectual, refinement of soul and disciplining of heart". Education was to be the medium through which equality of opportunity was to be made concrete, yet it remains an endlessly deferred dream for many. In spite of revolutionary changes in the field of education majority of the student community does not have a choice and besides, many a times they are dictated by necessity. But FAEA provided an opportunity for socially and economically challenged groups to have access in different fields.

Joining FAEA was the turning point in my life. There are remarkable changes between what I was three years before and now what I am today. Forced circumstances in my life made me to join B.Sc. But whatever happens, learned people say, that it is for our own good. Now I feel if I had not joined B. Sc. I would have missed a golden opportunity of life to join FAEA. It brought significant changes in my perceptions.

FAEA scholarship is the first scholarship that I ever received. Along with providing economic support for my studies and my family it made me to think and plan for my higher studies. Otherwise it would have been a mirage.

Regular FAEA workshops conducted for scholars from different parts of the country united many minds, cultures and traditions. They were the memorable days in every scholar's life. We learnt together, we discussed many new issues and we exchanged our ideas. All these made us to feel unity in diversity, which widened our approach towards life and our understanding. Interactions with dignitaries of international recognition in these workshops boosted our confidence, and ignited our minds to achieve success in the fields we have chosen. Interaction with Honorable Governor of Karnataka, and FAEA Governing Council members sprouted many dreams in me. Even the best words of English literature are insufficient to explain this learning pleasure.

'Pathways' is another golden feather in FAEA's cap. The Pathways activities of our college molded our personality. Every minute I spent in Pathways in my past three years of degree life was an invaluable minute.

Preparation for competitive exams	English communication skills
Peer group learning	HRD
Participatory activities	Field visits
Contact programmes	Community work

These were some of the areas where we focused on. All these helped us to orient ourselves to various career options, for our self-development. These activities provided new image for us in our college and also in our family and society. Every lecturer and student of our college recognizes us as "she/he is a Ford student, she/he is a Pathways student. They are doing something different, their approach is different, and they achieve something special". Peer group learning classes provided me the joy and pleasure of sharing our learning with others.

The learning of my Pathways classes helped a lot to do well in CDR project- a national level research project, also sponsored by the Ford Foundation. Access to Computer and Internet helped me to participate in various competitions conducted in our college, university and in some other institutions and to perform best. These activities enhanced my knowledge about different issues, increased my computer knowledge and also my creativity.

Adding to these innovative programmes on music and film appreciation, women empowerment, Hobbies etc. opened our eyes to different areas. Every session

motivated us to achieve excellence, professional competence and equity and access so that we become exemplary leaders of our society. Along with different workshops and classes, our pathways library facility added a lot to our knowledge and information. It helped me to come out of my depression, rumination, and negative attitudes and to see the life from a different angle.

Our visit to Anandvan, and our interaction with one of the visionaries of our country, namely Dr. Baba Amte strengthened my dream to start an institution for socially and economically challenged people especially students - pillars of our country to achieve excellence so that we all together join our hands in making our country a developed Nation - not only economically developed but in each and every aspect of human society. A mirror shows everyone his best friend. To achieve such a level of confidence FAEA is supporting a lot. Along with our *discipline, dedication, determination* I am sure *FAEA's support* blossoms every scholar not only into a man of success but also into a genuine human being. We are very thankful to FAEA and our coordinator for their hearty support.

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### THE LONG LASTING EXPERIENCE

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**"The web of our life is a mingled yarn, good and ill together,"** says Shakespeare in 'All's well that ends well'. I thought it would be better to start my words with this quotation, because after becoming a Pathways Student good things happened to be the part of my life and ills lessened to a greater extent. I find myself luckiest to be a part of the PATHWAYS PROJECT. The Pathways has become feather in cap to our college. I feel proud to be called as a Pathways Scholar.

Before joining Pathways I was full of confusions and conflicts. My mind started crawling with questions like,

- ✿ Can I afford for higher studies?
- ✿ Can I contribute for my country and countrymen?
- ✿ Can I do any thing for the downtrodden?
- ✿ Being a girl can I clear the obstacles in my way?
- ✿ Can I achieve big? So on and so forth.

In general I was stubborn and confused fellow in my journey of life. From the day I joined the PATHWAYS the above conflicts of my mind solved gradually. The PATHWAYS come as a turning point in my life. My mindset has changed; I feel confident enough to tackle any kind of situation in a precise way. I realized my identity by getting answers to the questions like who am I? What have I done so far? What I have to do further? Etc.,

The activities conducted in the PATHWAYS for the academic year 2004- 05, pin pointed towards our career prospects. The most important programmes in this series are:

Lectures by civil servants -

- ✿ Mr Vijay Kumar Salimath (IFS)
- ✿ Mr H G Shivananda Murty (IFS)

Guest Lectures –

- ✿ About Youth and Future By Dr. Satish Rudrappa (Neurologist, Satya Sai Hospital, whitefield, Bangalore)
- ✿ About career in Air Force by Mr R S Patil (Flying officer, IAF)
- ✿ About wild life photography by Sri Satyananda (well known wild life photographer of Shimoga)

The programmes mentioned above helped us to know more about the Civil Service exams and the work to be done when we become a civil servant. They were all inspiring personalities who showed us that success in the journey of life is achieved only when we burn the mid night oil.

The peer group learning also worked a lot this year. I myself took one class for our juniors on Johari Window, which helped me to understand it clearly. Like me other Pathways students also took classes on Leadership, HRD games, communication skills, body language, Internet and job opportunities etc., With this we had Book Presentation sessions, which acquainted us to worth reading books like '*A Brief History of time*', '*The Wings of Fire*', '*The Way of a wizard*', '*Don't say yes when you want to say no*' etc.,

Apart from this the CDR Project also benefited us. Even though we were not part of this project, we learnt the research methodology to some extent. The lecture on "*Statistical Package For Social Sciences (SPSS)*" by Mr Raghavendra showed us what exactly is the way of Social Research.

The visit of Dr. Sumathi Ramswami and Mr Parminder Singh enhanced our self-confidence. We personally spoke to them; it was a nice experience indeed and also memorable.

In this year summer workshop the main focus was on English communication skills. We had this communication classes for about fifteen days. Prof. T V Hegde a well-known English Professor and an experienced person taught us this English communication skill. Prof. Hegde did a good facilitators job. My English has been improving by following his advice. I am regularly instilling this skill in me. During vacation we had wonderful and interesting sessions on Spiritual exercises. We also did some Community work in our Bio Diversity Garden. We even watched two movies based on the Second World War and analyzed them. Altogether this year's summer workshop helped me to improve my English, my health as well as knowledge.

These are all the activities in our PATHWAYS. With this I got an opportunity to attend the "South Regional Skill Facilitating programme", jointly organised by Jyothi Nivas College and FAEA at Bangalore. It was exclusively for FAEA Scholars of South India. In that workshop there were interesting sessions on Entrepreneurship, interpersonal relationships, spiritual exercises, career guidance. They all helped in enhancing our personality. After being selected as FAEA Scholar, it was the first workshop I attended. I enjoyed the sessions as well as stay in Jyothi Nivas with friends from other states.

Together with this I feel myself one of the luckiest of the lucky FAEA Scholars to attend the IAKAI workshop in May this year. Really the days, which I spent in ECC with great personalities, is a long lasting memory for me. In that IAKAI workshop I met eminent personalities for the first time, who are icons of knowledge and role models of today's youth. They are Dr. Abid Hussein, Dr. Armaity Desai, Dr. Padmanabhan, Prof. V R Mehta, Prof. R A Yadav, Dr. S R Rao and Prof. B M Hegde. These great visionaries interacted and gave valuable suggestions to us. They ignited the spark within us to achieve success and etched a long lasting impression on our mind by their motivating as well as informative words. All of them were thought provoking and mind-blowing. They are really very great; they spent their invaluable time with us.

The sessions on competitive exams gave us first hand information about the civil service exams and other competitive exams. Mr Jojo Mathews, editor competition wizard, did a very good facilitators job. We are thankful to him for spending his worthful whole days time with us. Other than this sessions on:

- ✿ Self management by Mr Venkataram
- ✿ Life skills and mental ability by Dr. C R Chandrashekhar
- ✿ Neuro Linguistic programming by Sr. Eupherasia
- ✿ Leadership by Ms Kamala Swami
- ✿ Group Discussions by Dr. Shantha

All these helped in our personality development and health too.

More over it was an exciting day indeed when I stepped into the world's one of the renowned MNC's "THE WIPRO". I never thought of visiting such a MNC while studying. It gave us a boost to reach the higher horizons of career.

Totally I got lifetime opportunities to see and listen to the great visionaries by the IAKAI workshop. I am very grateful to FAEA Sahyadri Science College and Jyoti Nivas College for organizing such a landmark workshop.

The financial assistance by FAEA is helping me to sail smoothly till today in my higher studies and I hope in future too. By this assistance I heave a sigh and have a big dream in my life.

Vis-à-vis to other students of my class I am different; I have interest about different fields other than academic subjects.

- ✿ I have learnt computer skills
- ✿ I know something about research methodology
- ✿ I have a goal in my life
- ✿ I know a few things about HRD
- ✿ I do have awareness about the external world etc., all because of FAEA and PATHWAYS. I am proud to be called as PATHWAYS Student.

The assistance, experience and support given by FAEA have brought me to this stage. It had given wings to my dream. FAEA transformed into a platform through which I got lifetime opportunities, it gave me an identity. It has become integral part of my life. I will always be grateful to the FAEA and Ford Foundation for all these.

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## MIRACLE OF MY LIFE

ANNUAL REPORT FOR THE YEAR 2005-06

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“Hoping in a hopeless situation is waiting for a new miracle to happen”. In my case, it is not mere a quotation but a true statement. When I joined Sahyadri College to Bachelor Degree course leaving behind all my dreams, I was just frustrated at that moment. There came a helping hand to wipe my tears. It is the FAEA in the form of Pathways.

What lies in our power to do, lies in our power not to do. To do or not to do is only a matter of choice – says somebody. We just need a guide to direct us. Goodness can be achieved only in the company of good.

I have been a Pathways student for last two years. I could never imagine a small project like Pathways can bring a wave of change in the life of many students like me. Now, I myself feel as a different person in my age group students who are out of Pathways project. I have a sigh when my friends point out the development in me after joining Pathways.

At this young age itself we are lucky enough to meet distinguished persons from various fields, such as Dr. Abid Hussain, Former Ambassador to U.S., Member – FAEA, Prof. V R Mehta, Member Secretary, FAEA, Dr. A Padmanabhan, Former Governor of Mizoram, etc.,

They are the great personalities from whom we always draw energy and spirit. They are the sources of inspiration. Their simplicity and the spirit to serve people for a good cause is simply great. The care for others have in them is the measure of their greatness.

In this academic year 2004-05 many unforgettable things happened to me. 2<sup>nd</sup> September 2004 is a great day for me. I had a once in a lifetime opportunity to

meet our Hon.ble Governor, Sri T N Chaturvedi. The Governor was kind enough to spend his precious ninety minutes with us. I used this opportunity at my best. I interacted with him for nearly about fifteen minutes. My self-esteem level has boosted with this meet.

On 26<sup>th</sup> December 2004 I attended a workshop on "South Regional Skill Felicitation Programme" held at Jyoti Nivas College, Bangalore. The scholars from Karnataka and Andhra Pradesh used this opportunity.

I was in a doubt regarding my career whether to continue my Post-graduation or to prepare for Civil Service or to do both at the same time. But it was sure that if I chase two rabbits both would escape. So, strong commitment, single-minded devotion and seriousness in the purpose can make anything successful. To clarify my doubts I got a rare occasion. The door of luck has opened for me. From 20<sup>th</sup> May 2005 to 29<sup>th</sup> May 2005 FAEA gave a chance to attend workshop on "Integrated Approach to Knowledge and Information" (IAKAI). The workshop provides me with complete information about the Civil Service Exams. There we interacted with the best of resource persons drawn from national and international level. It was a ten-day residential workshop. Students from different parts of India attended the workshop. ECC was the ideal place for such workshop. All the ten days we were so close to nature. We learnt a lot of things on the lap of mother earth. The campus is a wonderful place. Its greenery, quietness, chirping of birds made our stay as a memorable experience. The facilities were truly appreciable. This workshop helped me to make my ambition more strengthen. I realized the importance of burning midnight oil to achieve my goal.

In the recent vacation we had a workshop in our college on 'Improving communication skills' from 3<sup>rd</sup> June to 22<sup>nd</sup> June 2005. In all these days the facilitator Prof. Hegde helped us to hone our skills in presentations, pronunciation and group discussions. Continuous exposure to such an environment helped us to improve our English communication to a greater extent.

Meeting is accidental; departure is inevitable but that sweet memory is immortal. On 27<sup>th</sup> June 2005 we bid a farewell party to our senior students. They are the most benefited batch. They guided us how to be different from others. They helped us in every step even in operating a Computer to conduct HRD classes.

The classes arranged by Pathways cover various fields such as Communication Skills, Leadership Skills, HRD Games, Enneagram, Youth and Future, Research Methodology etc., All these sessions were conducted by various Resource persons. We were able to widen our knowledge by interaction with those persons. We were also exposed to do some social work. We cleaned our garden (Sadbhavana Vana), which is situated in front of our college. We made pits in the garden to recharge rainwater. The best taught lesson in Pathways is 'Love your work the no longer it will be a burden to you'.

There are many people who run with the hare and hunt with the hounds. Their criticism about Pathways is meaningless. As it is an extra curricular activity, they complain that these types of projects spoil the academic performance of the students. But we turned a deaf ear at them and tried to wade through all those situations. This year's academic results have proved that Pathways students are excellent in everything. This is not only a feather in the cap of Pathways but it has also made those people who make comments to put their tail in a bag.

Our Chief Co-ordinator Prof. B C Patil is a remarkable person in my life. I am astonished to see his tremendous spirit and high enthusiasm to work hard in order to get the best results. He thinks 'success is security, failure is maturity'. He suggests us to think positively, creatively and innovatively. Whenever we fall, he directs us how to get up and move towards success. Our greatest glory is not in ever falling, but in rising every time we fall. I learnt from that 'small things made success but success is not a small thing'. He is the most admirable person for us who fills confidence in us always.

The man who never made a mistake is never made anything. That is why pencils have erasers. I learnt from Pathways to post-mortem and analyse the reason for failure and go for the next attempt. Pathways has provided me a platform to expose my latest talents. The confidence I have got from it made me to feel 'I can be anything that I choose to be'.

FAEA has pinned hopes in us. We promise FAEA that we fulfil the expectations and work hard to justify the cause, which is giving us the financial and moral support. I am grateful to FAEA for helping me in the development of my personality. My sincere gratitude to all those persons associated with FAEA to serve the society for a good cause.

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## A RED LETTER DAY IN MY LIFE

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The day when I saw my name in the Pathways students' selection list is a red letter day in my life. Pathways became a fortune to me. It gave me so many golden opportunities that I could never imagine in my life. Pathways brought a revolutionary change with in me. In every action, I am finding myself different today. This is all because of Pathways, which made me to feel very confident about my strength.

In the last two years, the moments, which I spent with so many great, personalities, are memorable. I am very proud to say that I have interacted with all those great personalities. We always draw our energy and inspiration through such interaction with people of great achievement and success in life. I was virtually inspired by taking a leaf out of those resource person's life. I could never imagine that a common girl like me could ever have an opportunity to meet the Governor of a state, His Excellency T.N. Chaturvedi. It was an exhilarating experience with him. He spent his precious time of about ninety minutes with us. I cannot express to what extent my confidence level shot up with this one rare opportunity in my life.

Another great experience, I have got was in IAKAI workshop held at Ecumenical Christian Center, Bangalore. It was a ten-day workshop on "Integrated Approach to Knowledge And Information". There we were able to understand many issues like Indian History, Yoga, Communication, Management, Analytical and logical aptitude, culture and many more. It helped all the students to build their self-esteem due to an interaction with those eminent personalities of this country like Dr. Abid Hussain, who was awarded Padmabhushan for meritorious services, Dr. J. Ravishankar, I.A.S, Dr. Vasanth Kumar Pai, chairman, Dept. of Industrial Chemistry, Kuvempu University, Dr. Armaity Desai, former U.G.C chairman, Prof. S.R. Rao, Eminent Historian and Archeologist, Bangalore, Dr. B.M. Hegde, former vice Chancellor, Manipal academy of Higher education, Mangalore. Nobody could have this opportunity except a F.A.E.A scholar. Really it is a very great thing to meet those resource persons in student's life itself.

I am very happy to say that, I got a great opportunity to visit Wipro, No.1 provider of integrated business technology. Our stay in E.C.C, the world of silence itself is a unique experience. I perceived E.C.C as a place where Heaven and Earth meet, where the people are inspired and initiated for new vocation of service for the sake of the people and the world. The workshop helped us to gather more and more information in various fields and had given a boost to our self-esteem.

Pathways taught me ethical and moral values, a framework for personal decisions. Life is not a bed of roses; sometimes we have to learn to ride through the difficulties also. Pathways taught me H.R.D component to face the problems. It made me to see the life again with hope by building confidence. It stimulated me to develop all the talents that I had earlier.

I can't just believe how the doors of luck opened for me. How it came one after the other. The best thing ever happened to my life is the selection for F.A.E.A scholarship which is helping me to continue my higher education. I am really very grateful to F.A.E.A.

I have got great opportunities after joining pathways and I utilized all those opportunities to the maximum extent. But, I am sad to say that I have missed the golden opportunity to meet our hon'ble president A.P.J Abdul Kalam, who is my role model. I dreamt and dreamt, it resulted in thoughts and I waited for action but due to my bad luck I was not able to get that golden opportunity. But the only good thing about bad luck is it changes. This is what pathways taught me. That's why I am still optimistic.

This pathways project in our college is getting success because of the remarkable efforts made by Dr. B.C Patil in favour of us. He tried his level best to invite the best of resource persons to our college and arrange guest lectures on various topics like "Information technology to Wisdom technology" by Dr. K. Chidanandagowda, Vice-chancellor, Kuvempu University, "Ethical and Moral values" by M.S Pillai, heading the H.R.D Centre of Indian heritage academy, Bangalore, "Touch with the environment" by H.G Shivananda Murthy, I.F.S, and Vijay Kumar Salimath, I.F.S, "Youth and Future" by D.S Satish Rudrappa, M.B.B.S, Satyasayi Hospital, Bangalore, etc. All these great personalities inspired me to set a goal farther than reach and work towards it.

After joining Pathways, my English language has improved to a great extent. It is because of the workshops conducted on Communication skills by Prof. Chetan

Pinto, Dept. of English, Kuvempu University, and Prof. T.V Hegde, Dept. of English, Vidhya Bharti College, Shimoga and also by Dr. B.C Patil Sir.

During the recent vocation also we had a workshop (3<sup>rd</sup> –22<sup>nd</sup> June-05) in Pathways. There we learnt “Catharsis” which helps to get rid of bad thoughts, suppressed anger, frustration and “Pranic healing” to balance pranashakti what we call scientifically as vital energy and “Yogasanas” by Dr. B.C Patil. As I found good results after doing those exercises, I am practicing it daily. Apart from these, we also participated in Community service in our College garden “Sadbhavanavana”.

I felt very happy when Dr. Sumathi Ramaswamy, Indian representative of Ford foundation visited our college to see the activities going on in this Pathways project. She expressed her satisfaction and said that the activities conducted in pathways are showing a good response. I am very proud to say that I am a Pathways student of this Sahyadri Science College with the Chief Co-coordinator, Dr. B.C Patil, Pathways taught me Life skills, Communication skills, HRD component, The necessity of group work, Ethical and Moral values, etc.,

Pathways made me very confident, to think creatively, to feel different from others, Optimistic, to analyse the situation.

Pathways provided me Library facilities, Internet facilities, Great opportunities to meet, - a platform to exhibit my talents

**I asked for strength, God gave me difficulties to face, I asked for wisdom, God gave me problems to solve, and I asked for favours, God made me to join Pathways.** Today I am in a position to teach the skills what I have learnt in pathways, its because of pathways influence on me. Really, Pathways is a fortune to me. I promise, I will do my best to use the skills that I have learnt to achieve excellence in academics and in my life. My gratitude is due to all the teachers of my college and the Principal Prof. T.S. Hoovaiah Gowda.

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## **A RAY OF HOPE IN MY LIFE ANNUAL REPORT (2005-06)**

Mr. Mallikarjuna B G  
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I feel proud to be a FAEA Scholar. I am recognized in my class by the name of Pathways. As all of you know that Pathways is providing the students who have quality in every work they do.

This is my second year in Pathways. I have learnt many things from it. My mental stability is increasing every day. The hope that I can do anything is becoming stronger in me. One example in my life that I have noticed is as follows:

Before joining to Pathways (I year B.Sc.), I was not able to answer the questions in class-room even though I knew the answers for those questions, because of my shyness and inferiority complex, that I may be wrong. But, in second year B.Sc., after joining Pathways I was able to give seminars in my class.

In Final year B.Sc., (II Year Pathways), I had given three seminars. This is what I am show from myself that what I am gradually improving the positive ability in myself.

Senior Pathways students are role models for us. We also want to achieve what they are achieving. Senior pathways students very actively participated in extra-curricular activities as well as in academics. The senior students like Miss. Mamatha, Miss. Ambika, Ms. Rachita are all role models for me.

Coming to Dr. B C Patil, Chief Co-ordinator of our Pathways Project, is being very consistent in his work for the students of Pathways. He guided me when we were not doing work or anything in a right way. He gave the right direction to us.

Pathways always encourages the experiential learning. The workshops conducted are the examples for that. These workshops proved to be very useful from learning point of view. It thought us how responsible and self reliance we should be. It also thought us the responsibilities of youth in the entire field to improve our country. The Group Discussions held were very informative. Group

Discussion made us to think about the current situations, problems and solutions to problems.

“One Kilogram of practice is better than tonnes of theory”. The field visits (To M/s Pearlite liners Pvt. Ltd., and T V Center) made us to learn the things by direct view. Pathways classes improved my Computer knowledge. I have learnt it by peer group learning. Another impressive thing in Pathways students is co-relation between each other.

Pathways know that education by creative learning is more effective than theoretical teaching. The examples for these are Role Play, Ice Breaking, Analytical skills, etc., learning by viewing the film like “Guns of Navarone”. We learnt how team should be and how we can plan a mission. Along with all these activities, Pathways has been arranging Placement programmes, which helps us to face interviews confidently.

Totally it was an experiential learning and I learnt a lot from Pathways. I once again thankful to Pathways for selecting me to be one of its members and I hope that I can utilize more and more resources of this project and can be a best person of this society.

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### **A GOLDEN OPPORTUNITY**

#### **ANNUAL REPORT OF PATHWAYS PROJECT (2004-05)**

REPORT BY:

MAHESH. S

II B.Sc., F Section, Z.Bt.C

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Sahyadri Science College,

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I was selected as a “Pathways” member in the month of September 2004. I think that was a turning point in my life. Since then I have undergone exclusive life training. The first class conducted by the senior Pathways students “Ice breaking” was very interesting and was the best way to know about other students and to make friends with them. The friendly nature of our seniors,

their enthusiasm in teaching new things to us made us feel as if we are the members of a single family.

On 6<sup>th</sup> September, Mr. Parminder Singh, Programme Officer of FAEA visited our college. As I was also recommended for the FAEA scholarship, he interviewed me and I got selected. Then he told us about FAEA, its objectives and our responsibilities being scholars. On 20<sup>th</sup> September, we interacted with an IFS officer, Mr. Vijayakumar Salimath. He is from our district and he shared his experiences of IFS preparation and his success. There was a lecture by Dr. Satish Rudrappa an international personality. He is a Doctor at Satya Sai Hospital, Bangalore. His speech on "Youth and Future" was inspiring. He wanted the youth of our country should make our "developing" country into "developed". Another IFS Officer Mr. Shivananda Murthy spoke on "Man and Environment" on 8<sup>th</sup> October. Thus we revealed the necessity of wild life conservation. On the occasion of 'wild life week', Mr. Satyananda of M/s Gandharva Apparels, Shimoga, exhibited the wild life photographs on October 9<sup>th</sup>. He also informed us about the art of photography. On October 12<sup>th</sup> there was a session on Indian Air Force by Mr. R S Patil, a flying officer in IAF. It is necessary to know about our IAF being an Indian. He made us feel proud of our Air force cadets.

The first class concerned to Human Resources Development was conducted by our Co-ordinator Dr. B C Patil on October 20<sup>th</sup>, 2004. This class was just an introductory class. Our seniors and some other students involved in the CDR project on "Man and Environment" had visited Kalimpong. They shared their experiences with us. As experience is the best teacher, we knew a lot from their experiences (On 1<sup>st</sup> December 2004). On 2<sup>nd</sup> December, a class on "Rumination and Flow" was engaged by Dr. B C Patil. We answered a questionnaire and knew our rumination and flow values. We also knew the causes, consequences and the preventive measures of Rumination. "ASUFA" a HRD activity was taught to us by our Senior, Ms. Sowmya on 4<sup>th</sup> December. It is concerned with the Attribution of our Success and Failure. We were told to develop Optimism, Hope and Self-confidence. An experimental learning activity "Role Play" was exercised on 6<sup>th</sup> December. We were asked to act in different situations given by the facilitators, which put ourselves into the shoes of others. It provoked our creativity and perception ability. On the same day another activity called "Broken Squares" was conducted. This was concerned with helping others voluntarily and developing team spirit.

On December 7<sup>th</sup> a very interesting HRD activity named "Transactional Style Inventory" (TSI) was taught to us by one of our seniors. We knew about our

functional and dysfunctional styles after answering a questionnaire. In the afternoon, our seniors presented presentations on various books of our Pathways library. This activity served many purposes. Our senior Ms. Rashmi Tiwari engaged the next day a session on HRD activity "The Johari Window". We came to know about the significance of this activity in the industries and in knowing effectiveness values of different persons.

On 9<sup>th</sup> December, Ms. Rabia a senior, conducted a class on "Enneagram: . It is a mystic HRD activity, which divides the people into nine different types, each with its own characteristics. Our Co-ordinator Dr. B C Patil is one among only a few persons who know well about Enneagram. This activity helps us to maintain good relationship with others. On 10<sup>th</sup> a senior student Mr. Keerthan engaged a class on "Body language". As "Action speaks louder than words" it is very essential to know about the body language. As communicating effectively is the need of this competitive world, two sessions in this regard were conducted on 11<sup>th</sup> and 16<sup>th</sup> December by Ms. Savitha Prabhu and Dr. B C Patil respectively.

Leadership qualities are very essential in everyone's life. Hence a session on leadership qualities was taken by one of our senior, Mr. Prajwal on 18<sup>th</sup> December. On December 25<sup>th</sup>, I along with other FAEA scholars of our college had gone to Bangalore to attend the "South Regional Skill Facilitation Programme for FAEA Scholars". That was a five-day workshop held at Jyoti Nivas College, Bangalore. Scholars from Karnataka, Andhra Pradesh and Tamil Nadu have attended this workshop. This was aimed to develop overall skills in the scholars in the fields like banking, entrepreneurship, communication, computer, inter-personal relationship, career guidance, spiritualism etc., We also visited Bangalore dairy. It was a new and rich experience to me.

After returning from the workshop we had a chance to interact with Dr. Sumathi Ramaswami, Officer of Ford Foundation, on 3<sup>rd</sup> January 2005. She was happy to see the successful implementation of the Pathways project. She inaugurated the "Pathways Information Centre" in our Pathways office. A copy of Cambridge Learner's Dictionary" was given to all Pathways students. Her words inspired us.

As our seniors had taken up a project on "Man and Environment" Mr. T S Raghavendra, a research Associate from ISEC B'lore, conducted a session on research methodology and the use of Statistical Package for Social Sciences (SPSS). He dealt with the topic of conducting a social research and its scope in detail (On 9<sup>th</sup> January 2005).

On 15<sup>th</sup> and 22<sup>nd</sup> January, our senior Ms. Shamsia Nazneen engaged two sessions on 'DTP' and 'Internet and Job opportunities'. To increase the Analytical reasoning of capacity in us there was a session on Quantitative Aptitude test on 29<sup>th</sup> January 2005. A two day workshop titled "Learning to Learn" was conducted by Prof. N S Thimme Gowda on 12<sup>th</sup> February. Its objective was to enhance the study skills. Another HRD activity, "Desert Survival" was engaged on 26<sup>th</sup> February.

No events were conducted during the months of March and April due to our semester exams. The very next day of the completion of my exams, a golden opportunity was waiting for me. That was a once in a lifetime opportunity of participating in the National Level IAKAI workshop. The ten-day workshop held at ECC, Bangalore, stood as a platform to gain invaluable knowledge and to meet great personalities and most of the FAEA governing council members and also to interact with the students from different parts of the country.

After returning from Bangalore, our Patil Sir has arranged a workshop on "Communication Skills" by Dr. T V Hegde. This 15 day vocational workshop also included community work, watching some selected movies and sessions on yoga and spiritual exercises. This event marked the end of my first year in Pathways.

Remarkable changes in my attitude and personality are due to these activities and rich experiences. I find myself very confident and optimistic. I can balance my emotions now. I have realized the potential in me and started using it for better extent. This has affect on my studies as well which is as good result.

I don't think about the disadvantages of Pathways because "If I have to discover a new land, I should last the sight of my own land for many years". Being a Pathways student I have my own dignity and esteem in my friend circle.

The credit of all this success should go to our Chief Co-ordinator Dr. B C Patil who is a dynamic man with ageless body and timeless mind. He is the 'guru' (Master) leading us to the 'guri' (Destination). The credit in turn will go to FAEA and Ford Foundation which are the sources of power behind Pathways.

I have a huge potential; I have the best guidance; I have the best training; I have the achievements of my seniors in front of me; I have a power; which can push me up and if I fail, I have friends all over the country to encourage me and now, nothing can stop me from success!.

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## A DREAM COME THROUGH

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To most of us being selected for Pathways Project and becoming a scholar is nothing short but a wind-fall. Pathways project and our Chief Co-ordinator have been spending and working a lot in bringing us up. The activities conducted in this project have assured us that, acting up to wholesome counsels of these activities will make us to stand in a good-stead, in future. Before joining to Pathways, I had not even imagined that, there are certain organizations which contribute to the overall development of the students in many ways. Rather, I was always wondering about how people become great even though they have faced many difficult situations. It is only, after attending the classes of Pathways, I realized that, pathways is a feather in a cap for our college.

First year, when I was being selected for this project, I was not a scholar, yet I was very much happy with its classes. During this course, for being a non-scholar I got an opportunity to attend a workshop on 'Strengthening Democratic values towards Gender Justice' at Hyderabad, conducted through Campus Diversity Initiative programme. This workshop provided a State-level exposure to me. It was for the first time, I was traveling across my State to meet people and students of other State. It was really a splendid experience for me. It was one of the first memorable incidences to happen in my life. My family members were very excited about this because I was the first person in my family to travel to other State. When I informed my father about this workshop; the first advice, which he gave to me was, never get carried away by these great opportunities, instead make the best use of it and give back something great to those who have provided this. Even I was very much proud, when my classmates enquired me about, how I got this opportunity? And what did you learn there? When I used to give them the information about our Pathways classes, they used to regret, either for not taking the exam or for not being selected. These situations used to make me realize, how distinct, we are from others. Moreover, I used to feel happy, when strangers used to address me as a Pathways student.

After joining Pathways project and observing my co-learners, I have developed and have changed my attitudes to a better extent. In each and every class, I

get to learn new things, which help me to reinnovate myself. I have become more responsible, self-confident, courageous and intelligent than before. My Emotional Quotient has increased a lot. For the sake of attending Pathways classes, I rarely visit my native, yet this has never depressed me. Also I spend nearly two months all alone in my room during vacations; even then I am not sad for being alone. Pathways activities make me so busy that, when I keep on collecting information and interpret them, I don't even feel, that I am alone. Even my parents support me a lot in this aspect.

In Pathways project, we have sessions concerning HRD activities, Soft skills, Communication skills, Computer Skills and many guest lectures. It is for the first where I am attending all these classes. Before this, I only knew that there are such classes, which will be conducted by certain institutions, but via hefty payments. But here, we could learn all these without even paying anything. All that we had to pay is our service in future to those who are in need of this. It was a great experience to interact with great people like Mr. Parminder Singh, Dr. Sumathi Ramaswamy, Mrs. Sharada Nayak, Mr. Venkatram and Dr. Satish Rudrappa. I realized the advantage of guest lectures only in this college. Any person can have the contact or interact with great people, only when he/she is under greater institution or organization. In our case it was possible to meet these people, as we were Pathways students.

It is also one of the proudest aspect, to be a part of the project, in a college like our's, which stands first, beating all the other colleges, having similar facilities, by its innovative and distinguished activities. However, the credit goes to our beloved Chief Co-ordinator, Dr. B C Patil, who is the person behind the success of this project. Our Chief Co-ordinator has always been a source of inspiration, by his attitudes, innovative ideas, methodology of teaching and driving home all his ideas to us very clearly. He also provides us the latest information about education. He discusses various aspects concerning to various fields in and around our world. He always guides us to select those ways, which really brings great success to us. Not only these, but he individually identifies all of us and helps to bring out our hidden potentiality, through his inspirational words. We may approach him with any problem or doubt; he will surely help us to find a solution. Most interesting and greatest quality of our Sir is he is dedicating each and every precious moment of his for our benefit. He always comes up with those ideas, which he thinks is the best way to bring out our creativity. Frankly speaking, I have never found any difference between our Sir and my father. And even he takes care of us, just like his own children. We can rarely find people like our Chief co-ordinator, who is ready to dedicate, sacrifice their precious time and face hardships for the benefit of others.

On the other hand, my seniors were also a source of inspiration for me. Some of them have created history in our college. I learnt a lot from their deeds, attitudes and their gratitude towards Pathways. Some of our seniors are perfect role models to us. Their experiences have inspired us to follow their foot steps. And interestingly, everybody has owed their success to Pathways Project. They were always very co-operative and supportive to us. More over here, we had access to some of the new gadgets like Cordless mike, Collar Mike, LCD, Laptop, etc. Every day we can use internet, we can browse any kind of information we want. These facilities are available only in Pathways Project of our College.

The most important milestone in my life was to be selected as a scholar of such a great fame. It was for the first time, in my life where I was being provided with this great opportunity. This scholarship brought all cheers to my family. They were very happy for me and had felt quite relieved. And for me, this scholarship added some more responsibility. It was a proud feeling to admit myself as a Pathways scholar. Surely, this scholarship helps me to grow better in future, always reminding me about the service that has to be rendered by me towards my project. Along with me, Pathways also provided an opportunity to favour one more student named Priya by sharing a part of my scholarship with her. Both of us were Chief contenders for this scholarship and finally justice was done to both of us. Thanks to the efforts of our Chief Co-ordinator who was responsible for providing scholarship to both of us. Even though I missed this opportunity in first year, I was happy, because I could finally get it by providence. After being selected as a scholar, I got an opportunity to attend workshop at Bangalore, which was conducted for scholars. It was also one of the pleasant experiences. In this way Pathways Project has created some miracles in my life and has also contributed a lot for my individual development. It has made us to realize the importance of qualities like dedication, sacrifice, punctuality, importance of time, responsibility, tackling problems, facing situations, working independently and being distinguished from others.

In this competitive world, if we wish to be distinguished, it requires a lot of preparation and hard work. But fortunately, we all have it at our door step. It is our only work to make the best utilization and bring the best out of us, to become distinguished.

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## PATHWAYS TAUGHT ME TO COUNT ON MY BLESSINGS

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***“Destiny is not a matter of chance, it is a matter of choice; it is a thing to be achieved”***, said William Jennings Bryan.

So life is full of choices, they come as opportunities. The selection for the Pathways was a great opportunity to me, to develop my personality. When I wrote the test for the Pathways, I was not having much information about it. But when the names of selected members was announced I jumped out with joy, because I felt myself different from others as I was the only person to be selected for this from our class.

When I entered into the Pathways family, a door opened for me to a new world. This provided me all kinds of supports. I entered the college loosing all the hopes. But Pathways returned my charm of life. I was really missing my dreams, but this opportunity filled a new faith and confidence in me that I can achieve something more than that.

Human beings can alter their lives by altering their attitudes of mind. The basic help provided to me was my change of attitude. I was impressed by the classes on attitude. The foundation of success regardless of our chosen field is attitude. Our attitude determines how we look at a set back. To a positive thinker, every action is a stepping stone to success. Every problem comes with an equal or greater opportunity. So Pathways changed my attitude. It helped me to develop a positive attitude. Because it proved that even if we miss some opportunity, God will give us some other opportunity to be utilized properly. I developed a confidence to achieve something great.

Through this I learnt that we have to count our blessings, not our troubles. True education is training of both the head and the heart. So here, I am getting a free education. The development of positive attitude is the greatest advantage. I am obtaining here; it helps me to make a pleasing personality.

I have grown in a middle class family, and my studies, went on smoothly till PUC. As I was in Navodaya Vidyalaya, a Government residential school I didn't face any financial problems. But as soon as I was exposed to the outer world, I began to face the financial problems. I needed money for everything. Then only I came to know the necessity of money. But FAEA helped me a lot by providing me with the scholarship. The greatest ambition for me was to buy an Oxford Dictionary. I fulfilled it through this money. Another book I liked the most was "You can win", I bought it.

Earlier days, I was not aware that we are too dependent on others, but as I grew I learnt that we are too much dependent on others. Our Uncle is looking after all of us. My brothers are also studying here in Shimoga with the help of our Uncle. I was too hesitant to ask anything with him. Now I am independent. My part of burden on my uncle has decreased. I would be very grateful to FAEA for its financial support.

English is the world's most spoken language. So it has the advantage of world wide acceptance and is also rich in literature. It is a medium of communication. Through the Communication Skills class, I have improved my Communication skills.

Books, Magazines and Newspapers have become invaluable part of our lives. Books are a source of knowledge and entertainment. Many good books, magazines and Newspapers are available in our Pathways library with which we can make the best use. There are very good books in our Pathways library.

Today Science has made enormous progress and it has brought marvelous changes in the human life. Those who know Science can become the master of this world. Computers have become very important in today's world, for they are electronic extensions of human brain. They help a lot in education. Today world has shrunk with the advent of Internet as more and more people are getting connected globally. Although the Internet is very important we were not having much knowledge of them. Now, we have learnt exploring the internet and how to collect the information through it. It is another biggest advantage that we are provided with free Internet facility. If we would have not joined for the Pathways, I would have not learnt internet till today.

Now I know Internet browsing and I have created my own ID and I know how to mail. I use google.com and collect all the necessary information. If I would not have been selected to the Pathways, I would have missed a lot. No one will inform us about the Life skills. But in Pathways class we learnt about the Life skills like Air Travel. It was an informative class. Each of us may have a chance

of air travel any time. So this information becomes very useful. It made us to feel as if we were traveling in the place itself!

“The men who try to do something and fail are infinitely better than who try to do nothing and succeed” said Lloyd Jones. So, every one should have a proper goal. But dreams and wishes are not goals. Dreams are equal to desires. Desires are weak. Setting up a worthy goal is very important. But the reason for not setting the goal was that, I was depressed in achieving the previous goal. I was failed in that, and then I developed a pessimistic attitude, thinking that I may also fail in the next goal. But Pathways helped me to take up a real goal and try to achieve it. There was a self-esteem and lack of knowledge about goal setting, but through the activities like Tower Building and listening to the speech of many great people, we have set a proper goal.

The workshops have helped us a lot. The summer workshop in our college was a new experience. The Group Discussions, Indian Economy, Constitution, Internet, Industrial visit and visit to T V Center, gave us the multi-dimensional knowledge.

Then the workshop at Bangalore was an unique experience. It improved our knowledge to a great extent. Although it was not a first visit to Bangalore for me, it was a different experience. We learnt many things there. The first thing we learnt there was how to improve ourselves. Then we learnt about the Leadership skills.

Now the basis for getting any job is the interview. We will be selected on the basis of our performance in the interviews. So, it is a must to learn the basic business etiquettes. So we learnt here about the business etiquettes and how to handle people at work.

While opting a career, we will be in a chaos for which we would take up. But a session on Career guidance and employment opportunities was very helpful in choosing the career. We also learnt about the banking practices. Collectively, the workshop was very useful and was fruitful in improving our knowledge.

With all these advantages, Pathways is very good and advantageous.

Pathways is helping me to elevate myself to the highest point. It makes me different from others. So we know that “winners do not do different things, they do things differently”. So, I have developed a confidence that I can win.

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## PATHWAYS HAS CHANGED THE DIMENSION OF MY LIFE



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Every person wants to develop personality skills along with their education. But only few people will get this type of opportunity. Fortunately I have got this opportunity. That is, I became a Pathways student, not only the student of Pathways, but also a FAEA Scholar. It gave double strength to my life.

'Self Management' was the first class, which I had attended in the Pathways, taken by Mr. Venkatram. The session was extraordinary for me because earlier I did not attend such session. It gave me happiness along with knowledge.

Then I had attended the Ice Breaking session take by our senior Pathways students. This session helped me to introduce myself and others in effective manner. From this session, we can distinguish the Pathways students and ordinary students, because, Ice breaking session is a special type of introduction.

Next I had attended many sessions conducted in the Pathways such as Life skills, Communication skills, Broken Squares, etc. Every session was interactive and interesting. Every session gave me new experience and good knowledge. The session that I liked most was a lecture about Air traveling, which is life skill. Because I have enormous interest in space study and the session gave me more details about the aeroplane.

I had attended two workshops, i.e. Mid term workshop arranged by our Patil sir in Sahyadri Science college and another is South Regional Workshop arranged for FAEA scholars at Jyoti Nivas College, Bangalore. Both workshops gave me new experience and knowledge. Earlier I did not know anything about workshop.

The workshop arranged in our college had contained many important sessions. They are Group Discussion, Book Presentation, Team Building, Role Play, Field visit, Lectures on Indian Economy, Indian Constitution, Photography, etc. It was experiential learning workshop.

This workshop helped me to overcome my fear. It helped to give effective presentation. The workshop helped me to improve my Communication skills to some extent. It created awareness of social responsibilities. My creativity is

increased from this workshop. It helped me to know the basics of India Economy, Indian Constitution. The workshop had helped me to develop the rare hobby like Photography. The workshop had created awareness about the Computer applications.

Another workshop arranged in Jyoti Nivas College also helped me to develop new attitude through many sessions. All the sessions were interesting and interactive. Business Etiquettes, Interviews, Neuro Linguistic Programmes, English in India were all new sessions in that workshop.

I learnt many things from this workshop. It gave me courage to face interviews. The workshop had helped me to know something about leadership.

The special thing in that workshop is I met new friends who are out of our Karnataka State. After the workshop I gave a presentation on "Leadership skills for the students" in the Pathways class. Next I attended the class 'Jo Hari Window' taken by our senior Pathways student Ms. Vidyashree. It helped me to know self effectiveness and to change my attitude to some extent.

The session Transactional Style Inventory gave strength to gauge the people's attitude and to know about myself. The session "Enneagram" taken by Mr. Shamanth helped me to know different types of people and their attitude. It also helped me to know more about myself. It was a beautiful session for me. The session "Leadership skills" helped me to understand the quality of a good leader and I am trying to adopt these qualities in my life.

Before, I have not known that there are many things that we have to learn in our life. After joining to the Pathways I learnt many things that is important to build my career. From Pathways my Communication skill, social responsibilities, Computer skills, Leadership skills, Life skills are developed and improved to some extent. My attitude is changed largely when compared to my earlier life. Totally the Pathways is helped me in over all developments.

The Pathways has helped me financially through FAEA. So it has changed my life dimension towards a big goal. It lowered or decreased burden of my parents. I am gaining new experiences, good knowledge, and happiness from the Pathways project.

"There is a talent within you!  
Bring them out, have courage  
Have confidence  
You can be the best  
Just try, try --- and try  
Till you win."

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## THE BIGGEST OPPORTUNITY OF MY LIFE

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“Life is full of opportunities”. Pathways is the biggest opportunity which I have got in my life. Pathways as by name it shows a different path to my education life. This foundation is the silver lining in my life.

First, I am proud of myself that I am selected as FAEA scholar. I am thankful to Ford Foundation, which provides a financial support to the poor people like me, where we do not have any economic support for the noble cause like study. I am feeling happy that I was selected for such an excellent project. It is a great thing for me.

After joining Pathways a lot of changes appeared in me. First, I learnt how to maintain discipline to lead a successful life.

Pathways is the pool of knowledge, which gives a lot of facilities to know about General Knowledge – rather than certificate study like getting Degree.

The main objective of our Pathways is to make the students as responsible citizens. Pathways provide education about Personality Development, Art of Living and about Life skills. By which it helps me to develop my personality.

All people try to identify themselves in their surroundings. But Pathways provided me such an identity in my college. We are all familiar with teacher centered system. But in Pathways, I came to know about learners or students centered system. This is the best system of learning. In every Pathways class, I learnt new lessons. First Pathways made me a responsible student and has helped me to develop leadership qualities and good habits.

The first step coming under Soft skills is the Communication Skill. After joining Pathways my Communication skill is so much improved. In every class, Sir gave an opportunity to talk or interact in the class. This helps me to develop my Communication skill. Communication is the manifestation of art. Communication Skill is the basic life skill, which effectively plays an important

role in developing one's personality. In Pathways classes, I learnt about how to communicate with other people.

Before joining to Pathways, I had fear about presentations. I did not know how to give a presentation. By Pathway class conducted about presentation skills. I have got lot of information about presentation. This gives me confidence while presenting any programme.

We had another most informative class about Air Travel. This is a very good class, which helped me to know about air travel. Before attending this class, I had bad impression that air travel is very costly and fear about customs behind air travel. But our Sir Dr. B C Patil made me to realize that air travel is not as costly as I knew. In this class, I got almost all information about air travel. Our Sir informed us from basic things like ticket collecting to technical information and about how to behave while traveling in air craft. After this class, I feel very confident. If an opportunity comes in life, I am ready to go for air travel. All these information helps us to avoid embarrassment, curiosity and anxiety, which usually occurs in new air traveler.

Before joining to Pathways, I had high percentage of negative attitude. I came to know that I have negative attitude in high proportion – by the psychological test ASUFA. By that day, I tried to improve my positive attitude. My sir always told about how to improve our positive attitude. In this way I got success in improving my positive attitude by reducing negative attitude. Thus by joining Pathways my attitude has changed.

I like HRD activities very much because these activities are the source of knowledge and which helps for the over all development of a student. I learnt so many things by these activities. The HRD activities are all experimental learning. In Ice Breaking Session, I improved my Communication skills. In Broken squares activity I improved my leadership skills. By Tower Building activity we can measure our self-esteem. In this activity, I came to know that we underestimate ourselves. So I try to overcome by under-estimation.

Our Mid-term vacation workshop was conducted from December 15<sup>th</sup> to 24<sup>th</sup> December 2005. This is my first workshop. All Pathways students had actively participated in this workshop. In workshop we had very informative and interactive sessions like Group Discussions, Field Visit, Internet, Role play, Visit to T V Station, Resume writing, etc. I learnt lot of things in every session. I got lot of knowledge by Group Discussions about current events and social problems. My communication skill is also improved in Group Discussion. By Field visit I

came to know about infrastructure of an industry. By Book presentation my stage fear is so much reduced and my confidence is increased.

The session on Internet Browsing helped me very much, because I did not had any idea about internet. In this session, I got information about how to create an email I.D. and how to send messages. I created my Email ID and also learnt about how to search in Google website.

There were 4 – 5 guest lectures in this workshop. The session on Indian Economy helped us a lot. Because as a Science student I do not have touch with Arts subject, while reading Newspaper I did not understand most of the words, which are coming under economy like GDP, Stock market, Per Capita Income etc. I did not know about share market. But in this session, I learnt about all the above topics and got sufficient information regarding to Indian Economy.

In another session the HRD activity Role play was conducted. This is a very good interacting activity. In this session, I learnt lot of things. First of all it helps to reduce my stage fear. It improved my creativity, communication skills, Emotional Intelligence, Leadership qualities, Responsibility. This is the best example for experimental learning. This activity improved my attitude in analyzing the issues. It helped us in solving social problems. By this I learnt about how to overcome difficulties and understanding a single problem through different dimensions.

There was a session on health, Indian constitution, Photography etc. Our Sir covered almost all topics in which we have less knowledge. So all the sessions conducted in workshop helped me in enriching my knowledge.

In this year another opportunity came to me to go for Ford Foundation workshop at Jyoti Nivas College, Bangalore. This was the first time where I went to Bangalore. I went to workshop with my senior friends. In that workshop the students had come from Andhra Pradesh, Kerala, Karnataka and Tamilnadu. Many guest persons came to that workshop. I got information about interview facing, resume writing, competitive exams, Group Discussions, Health and Nuero-linguistic programme. I am very lucky to attend such a programme. These were all new experiences to me. In that workshop I made friendship with other students who came from other States. These are all unforgettable moments in my life. I have collected their Email I.Ds, I will contact them through Internet. Therefore by this my Communication network is increased

and also my communication intelligence has improved. This is the first and best experience of my life.

My knowledge about psychological aspects has very much improved. By the class, Ruminantion and Flow, which is conducted by our Sir, Dr. B C Patil, I came to know about Ruminantion very clearly and how it is dangerous to our life. I also learnt about methods to control this ruminantion.. Simultaneously, I learnt about the importance of flow. There were about 2 to 3 psychological tests which were conducted in Pathways. They are ASUFA, Transactional Style Inventory, Jo Hari Window, Ruminantion and Flow. All these classes are very interesting and informative. In these concepts tried to find myself. The class on Enneagram helps to know about different characters of people and how to maintain good relationship with them. It also helps to know about myself and how I work.

The class conducted by our senior student on the topic 'leadership, gave lot of knowledge about leadership qualities and about effective leadership. These are all about the sessions conducted during this year.

Along with regular classes, we also had some more facilities in Pathways. Pathways provide us Computer Education, Library facility, English Newspapers and Magazines. Our Pathways library has many good books. By reading magazines and books my General Knowledge has also improved. I make use of Internet facility to get information from google search and to send messages. So I got Computer knowledge by Pathways. I try to use these facilities in proper way to improve my knowledge.

"Nothing comes out of nothing" – Shakespeare

I am very much impressed by the words of our Chief Co-ordinator that nothing is impossible in the world. If we have confidence and positive attitude we can achieve anything in this world. "Positive strokes always yield good results". Each and every class gave me a different experience.

Our senior students are our role models. I am also influenced by our seniors. I would try to follow their path. They are very co-operative and they guide us in most cases.

As a Pathway student when I compared myself with other ordinary students, I feel that I am stronger in knowledge. I am proud of myself because I am totally different and identical student in the class when compared with non-pathways students. Really, I am the happiest and luckiest person because I am provided with all facilities, which are helpful for my development. Pathways is my energy.

If I was not a Pathways student, how is to be my position then? I would have always been an ordinary student. I could only have the knowledge of my subjects. Then how would be my future? I feel that I could have been in darkness. I cannot even imagine that. That is a great burden to me.

Really Pathways is like a boon to me. Now I have bright future. I have a particular goal and I have confidence that I should reach my goal successfully.

“Success leads to success” – our small success leads to great success. As our President Dr. A P J Abdul Kalam says that “Dream always great things” Like that I also have ambition to become role model to others.

‘Every successful man is committed towards his goal’, so I would work hard in this way to reach my goal. I have great responsibility towards my future. Our Sir always gives guidelines to us about any work.

These are all information and knowledge, which I learnt in this academic year. Whatever I have got, I would distribute to others. In Pathways I learnt one more thing i.e. helping nature and I became more independent.

I heartily thankful to my Sir,. Dr. B C Patil who provided me such an wonderful opportunity in my life to develop myself.

I am also thankful to all guest lecturers and our Sir who shared their views with us. “All good things come to an end in good manner”. I am really craving and looking forward for the next academic year of Pathways.

Thanking you,

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